

## Sexual and Reproductive Rights of Adolescents

- The right to good reproductive health.
- The right to decide freely and responsibly on all aspects of one's sexuality.
- The right to information and education about sexual and reproductive health so that good decisions can be made about relationships and having children.
- The right to own, control, and protect ones' own body.
- The right to be free of discrimination, coercion and violence in one's sexual decisions and sexual lives.
- The right to expect and demand equality, full consent, and mutual respect in sexual relationships.
- The right to quality and affordable reproductive health care regardless of sex, creed, color, marital status, or location. This care includes:
  - Family planning, Contraceptive information, counseling and services.
  - Prenatal, postnatal, and delivery care.
  - Healthcare for infants.
  - Prevention and treatment of STIs.
  - Where legal, safe abortion services, where legal, and management of abortion-related complications.
  - Prevention and treatment of infertility.
  - Emergency services.
- The right to privacy and confidentiality when dealing with health workers and doctors.
- The right to be treated with dignity, courtesy, attentiveness, and respect.
- The right to express views on the services offered.
- The right to gender equality and equity.
- The right to receive reproductive health services for as long as needed.
- The right to feel comfortable when receiving services.
- The right to choose freely one's life/sexual partners.
- The right to celibacy.
- The right to refuse marriage.
- The right to say no to sex within marriage.

Source: IPPF. 1991. Rights of the client. London: IPPF.